



Youth Leadership Program

Youth Program Fitness Trainer

Do you want to get outside and help youth prepare to go on outdoor adventures? Do you have a passion for helping youth build their strength and endurance through fitness training? If so come and work for WEA and its Youth Outdoor Adventure Leadership Program!

Western Educational Adventures (WEA) runs outdoor adventure camps for kids, swim lessons and bus charters. We have also recently started running exciting outdoor adventures for adults looking to make new social connections with like-minded individuals.

Our youth leadership program includes weekly meetings where youth do strength and conditioning as well as learn valuable outdoor and leadership skills. In addition, about once per month, youth participate in exciting day and multi-day adventures such as hikes, ski trips, snowshoeing, kayaking, surfing and more. We are currently seeking a strength and conditioning coach or kinesiologist to help train our youth on Tuesday evenings for these fun adventures. The role of the trainer is to help the kids learn safe, effective lifting and fitness skills they can use on trip and for the rest of their life. The trainer may also have the opportunity to go on trips with the youth!

Remuneration

\$110/Tuesday evening session and will work as a contractor.

Program Dates

Most Tuesday evenings from mid September to mid May.

Hours

Tuesdays from 17:45-20:15.

Expectations

WEA staff are expected to:

- Be skilled and passionate about working with people, being outside and teaching others.
- Display WEA's values and beliefs while operating within scope of training and WEA's standards and policies.
- Demonstrate solid risk management ability and be able to problem solve.
- Maintain a high standard of professionalism, including time management and communication.
- Demonstrate respect and value for the natural environment through ideologies like nature identification, no-trace camping, etc.



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Responsibilities

This contract requires you to be able to perform various functions and duties, some of which are listed below:

- Assist the program coordinator in planning various outdoor activities such as day hikes, evening outdoor skills workshops, kayaking, canoeing, hiking, skiing, wilderness navigation courses and more.
- Facilitate training sessions as per qualifications. Build programs for the youth to follow at WEA and outside of meeting days.
- Provide first aid as necessary
- Clean and prep facilities, program supplies, etc. With the help of the youth who will ultimately become responsible for setting up and taking down training space.
- Attend required training sessions
- Provide constructive feedback for supervisors, other staff, and programs
- Complete other tasks as directed by a supervisor or manager
- Overseeing the training sessions and teach proper form and technique to the youth

Minimum qualifications:

- CPR-C certification
- Emergency or Standard First Aid certification
- Clear criminal record check with vulnerable sector screening
- Certification for strength and conditioning or kinesiology



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Application Instructions

For your application to be considered, please send us the following:

1. Online Application form (found here: <https://westernadventures.ca/western-educational-adventures-careers.htm>)
2. Resume
3. *Copies of all relevant certifications and documents required above
4. A minimum of 3 references (2-3 employer and max 1 personal reference that is not related to you).

*Please note that we will still consider your application if you do not currently hold the required minimum qualifications if you are willing to obtain these prior to commencing work with WEA. In your application we ask that you provide us with a timeline for when you will have these certifications.

To apply, click the "Apply" button and complete the instructions outlined on our application software. The application button can be found here: <https://westernadventures.ca/western-educational-adventures-careers.htm>

Let us know if you have any further questions and thank you for your interest in working for WEA!