



Packing list: Surf Trip 3 Day

****We recommend these items are packed in one duffle bag****

If you do not have any of the items on this list, please contact us and we may be able to lend or rent the items. If your child shows up with improper equipment and you have not made prior arrangements with us, you may need to pickup your child or pay an increased rental fee.

Required Equipment

Item	Quantity	Helpful information
Backpack	1	A 25-50L backpack that will work for day hikes
Pillow	1	Nice to have for the drive
Sleeping Bag	1	Small and portable for indoor use
Sleeping Pad	1	Small and portable for indoor use
Water bottle	1	1L hard water bottle such as a Nalgene is essential
Headlamp	1	Flashlights are ok in a pinch, but we highly recommend a water-resistant headlamp. Bring extra batteries.
Logbook	1	Bound small notebook for writing trip notes and log book entries in. We recommend a "Rite in the Rain" notebook.
Pen	1	
Pencil	1	

Required Clothing

Item	Quantity	Helpful information
Rain jacket	1	We highly recommend a waterproof breathable GORE-TEX type rain jacket
Rain pants	1	We highly recommend a waterproof breathable GORE-TEX type rain
Sun hat	1	A full brim sunhat or ball cap
Running shoes	1 pair	
Water Shoes	1 pair	Sandals, Crocks, etc.
Shorts	1	Quick drying shorts. Nylon recommended
Swimsuit	1	
Long pants	1 pair	
Underwear	3 pairs	
Socks	3 pairs	



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Insulating tops	2	Fleece, wool, or puffy jackets
T-shirt long	1	
T-shirt short	2	
Warm Jacket	1	Down or synthetic “puffy” jacket
Warm hat	1	A fleece hat, toque
Sunglasses	1	Properly fitting sunglasses that fully cover the participant’s eyes.

Toiletries and Medications

Toiletry Bag	1	Anything will do.
Toothbrush	1	
Toothpaste	1	
Soap	1	
Shampoo	1	
Towel	1	
Sunscreen	1	Must be waterproof
Feminine products	As required	
Personal medications	2X	If there are certain medications the participant is required to take, please pack enough for twice the length of the program.

****Please contact us if you have any questions!****

Optional Equipment

Backpack rain cover	1	A fully waterproof, seam-sealed rain cover that covers the entire backpack
Camera	1	It is recommended to have an extra battery.
Waterproof camera case	1	We recommend a hard plastic type case.
Watch	1	Waterproof recommended
Long sleeve sun shirt	1	
Money	1	Spending money for Uclulet



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Other Information

Please do not bring:

- Nuts or peanuts
- Tobacco, alcohol, etc.
- Expensive/luxury clothing
- Jewelry and other valuables including electronics (camera and watch are ok).
- **Absolutely no cell phones.**

Where to shop?

We recommend buying gear from the following stores as they make great gear and provide discounts:

1. [Grove Outdoors](#) in downtown Victoria offers great used gear for sale on consignment so check here first.
2. [Robinson's Outdoor Store](#) in downtown Victoria. Families who bring in their WEA receipt to Robinson's will receive **10% off** their purchases.
3. [Valhalla Pure](#) used to do a discount for us as well and likely still will. We just haven't heard from them in a while.
4. [Mountain Warehouse](#) would like to show our support by offering a **10% discount to be used online only. Use this code at the promo code box by the checkout: "CUST10"**.
5. [Best Coast Outfitters](#) in downtown Victoria. They primarily sell paddling and watersports equipment. Use the **discount code: "WEA5PERCENT" for 5% off** of anything but boats and paddleboards.
6. [TK Clothing](#) is a local merino wool brand made in North Saanich! Get **10% off** with discount code: "WEA_GOEXPLORE"

Please note, any discount received is for your child only who is attending programs and no one else. **Please do not disclose the discount to others – thank you.**



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