



Western Educational Adventures Inc.
(250) 888-1622
www.westernadventures.ca

WEA Adult Social Adventures

Greater Victoria, Sooke & Vancouver Island BC
Please contact us if you have any questions

20's & 30's ADVENTURE SKI TOUR TO LAKE HELEN MACKENZIE AND BATTLESHIP LAKE

Sat February 3rd, 2024, Mount Washington BC



Hike Details

Elevation gain: 210m

Total distance: 8.7km

Time: 13:45 – 17:00 ish, 3hr, possibly a bit longer

Price: \$10

Group Size: Max 12 people

Difficulty: Easy – This is a fun social ski tour in simple terrain with limited elevation gain. You should be a blue run skier at the resort and have experience in trees.

Weather & Terrain

The weather at this time of year is typically -5 degrees and sometimes as low as -15 or lower. Be ready for a little bit of wet and cold, it might be precipitating but possibly not snowing!

Description: A fun-filled, social ski tour from Mount Washington's Raven Lodge to Lake Helen Mackenzie and Battleship Lake totalling 8.7km. Our first, Comox Valley program, this is a great intro ski tour for people new to the sport or looking to make some new friends.



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Location

Raven Lodge, Mount Washington BC, <https://maps.app.goo.gl/tFG6KmpEEnGetcf2A> We will meet upstairs near the fire place.

There may be an option to stop for drinks on the way back if people are interested.

What to bring

We will be travelling into the backcountry and our main concerns at this time of year is exposure and limited daylight. It is essential that participants bring all the below items (and have tested they work and fit) in order to ensure a safe and positive experience.

Feel like you might have too much? We can always re-assess when we get to the parking lot and leave some items in the car. Better to have and not need than need and not have.

We do have some items available to rent. Please contact us if you are missing something.

Required Items

- Whistle
- 35L + Hiking or ski touring backpack (padded hip straps highly recommended)
- Waterproof shell jacket
- Waterproof shell pants
- Touring skis
- Touring poles
- Touring boots
- Touring skins
- Other layers you may need to stay warm, you know your body best!
- Avy gear not required as we are in simple, non-avalanche terrain.
- 2L of water
- Lunch+, we could decide to adventure a bit further.
- Extra snacks
- Emergency food
- Fleece or wool sweater
- Down, puffy jacket
- Long wool underwear



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- Waterproof Ski Gloves
- Toque
- Synthetic or wool t-shirt
- Change of clothes to leave in the vehicle, its always nice to come back and have something to change into!
- Large, sturdy garbage bag to waterproof backpack, backpack rain cover or 20L dry bag
- **Headlamp or flashlight with extra batteries – It will likely be getting dark near the end of our hike**
- Hand sanitizer
- Any applicable medications

Optional Items

- Pen/Pencil
- Notebook
- Compass & Map
- Hiking poles
- Sunglasses
- Sunscreen
- Hat
- Insulated pants
- Bear spray
- Fire starter
- Matches
- Knife
- Watch with timer
- Extra emergency layers
- Stove
- Pots
- Camping fuel

Do not bring: Nuts, peanuts or cotton. Cotton does not insulate when wet and is a significant hazard on backcountry trips.



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Trip Notes:

- This trip is open to everyone but it is expected you are physically able to ski at an intermediate level and will treat everyone in the group with respect.
- The cost is to help cover the cost of insurance and encourage people who RSVP to show up. We get that things change last minute, just let us know you aren't coming so we aren't waiting around! No shows will be charged a \$25 fee.
- We plan to go regardless of the weather.
- Exact end time will depend on group and if we stop for appies/drinks.
- As part of the insurance requirements for our trip leaders, we are required to have participants complete waivers. You can view our waivers at www.westernadventures.ca/agreements.htm
- **Sign-Up for the hike here: <https://westernadventures.campbrainregistration.com/>**