



Western Educational Adventures Inc.
(250) 888-1622
www.westernadventures.ca

WEA Adult Social Adventures

Greater Victoria, Sooke & Vancouver Island BC
Please contact us if you have any questions

EVERYONE WELCOME ADVENTURE HIKE TO MOUNT WORK

Sunday Mar 10 in Saanich/The Highlands



Hike Details

Elevation gain: 320m

Total distance: 6km

Time: 09:15 – 13:15 ish, 4h, possibly a bit longer

Price: \$10

Group Size: Max 12 people

Difficulty: Moderate. If you can do the South Side of Mount Doug with ease up, you should be able to handle this hike. View our [Hiking Difficulty Scale](#)

Weather & Terrain

The weather at this time of year is typically 10 degrees and sometimes as low as 2 or lower. Be ready for a little bit of wet and cold!

Description: Mount Work is a classic hike in the Highlands. We will start at the Willis Rd/Ross-Durance Rd Trail Head, hike our way Southeast up the ridge to the summit of Mt. Work. It's less intense than Mount Finlayson, just longer. At the summit, we will stop for a snack and decide if we want to push a bit further or call it a day. Come join us! **There may be an option to stop for drinks/lunch on the way back if people are interested.**



Western Educational Adventures Inc.
(250) 888-1622
www.westernadventures.ca

WEA Adult Social Adventures

Greater Victoria, Sooke & Vancouver Island BC
Please contact us if you have any questions

Location

Mount Work Trail Head, Ross-Durrance Road, near Willis Pt. Rd. Highlands/Saanich BC.
<https://maps.app.goo.gl/NHDdUze54daUsBrm8>.

What to bring

We will be travelling into the backcountry and our main concerns at this time of year is exposure. It is essential that participants bring all the below items in order to ensure a safe and positive experience.

Feel like you might have too much? We can always re-assess when we get to the parking lot and leave some items in the car. Better to have and not need than need and not have.

We do have some items available to rent. Please contact us if you are missing something.

Required Items

- Whistle
- 25L + Hiking backpack (padded hip straps highly recommended)
- Hiking boots/trail runners (only bring trail runners if you are experienced at hiking with them)
- 2 pairs of wool socks
- Rain jacket
- Rain pants
- 2L of water
- Lunch, we could decide to adventure a bit further.
- Extra snacks
- Emergency food
- Fleece or wool sweater
- Down, puffy jacket
- Long wool underwear
- Gloves
- Toque
- Synthetic or wool t-shirt
- Synthetic hiking pants/shorts
- Change of clothes to leave in the vehicle, its always nice to come back and have something to change into!
- Large, sturdy garbage bag to waterproof backpack, backpack rain cover or 20L dry bag



Western Educational Adventures Inc.
(250) 888-1622
www.westernadventures.ca

WEA Adult Social Adventures

Greater Victoria, Sooke & Vancouver Island BC

Please contact us if you have any questions

- Headlamp or flashlight with extra batteries – It will likely be getting dark near the end of our hike
- Hand sanitizer
- Any applicable medications

Optional Items

- Pen/Pencil
- Notebook
- Compass & Map
- Hiking poles
- Sunglasses
- Sunscreen
- Hat
- Insulated pants
- Bear spray
- Fire starter
- Matches
- Knife
- Watch with timer
- Extra emergency layers
- Stove
- Pots
- Camping fuel

Do not bring: Nuts, peanuts or cotton. Cotton does not insulate when wet and is a significant hazard on backcountry trips.

Trip Notes:

- This trip is open to everyone but it is expected you are physically able to hike and will treat everyone in the group with respect.
- The cost is to help cover the cost of insurance and encourage people who RSVP to show up. We get that things change last minute, just let us know you aren't coming so we aren't waiting around! No shows will be charged a \$25 fee.
- We plan to go regardless of the weather.



Western Educational Adventures Inc.
(250) 888-1622
www.westernadventures.ca

WEA Adult Social Adventures

Greater Victoria, Sooke & Vancouver Island BC

Please contact us if you have any questions

- Exact end time will depend on group and if we stop for appies/drinks.
- As part of the insurance requirements for our trip leaders, we are required to have participants complete waivers. You can view our waivers at www.westernadventures.ca/agreements.htm
- Sign-Up for the hike here: <https://westernadventures.campbrainregistration.com/>