



Western Educational Adventures Inc.
(250) 888-1622
www.westernadventures.ca

WEA Adult Social Adventures

Greater Victoria, Sooke & Vancouver Island BC
Please contact us if you have any questions

20's & 30's ADVENTURE NIGHT HIKE TO GOLDSTREAM TRESTLE AND BEYOND

Tuesday Mar 5 in Goldstream



Hike Details

Elevation gain: 200m

Total distance: 4km

Time: 18:00 – 21:15 ish, 3.25 hr, possibly a bit longer

Price: \$10

Group Size: Max 12 people

Difficulty: Easy to Moderate. If you can do the South Side of Mount Doug with ease up, this hike will be easy. View our [Hiking Difficulty Scale](#)

Weather & Terrain

The weather at this time of year is typically 10 degrees and sometimes as low as 2 or lower. Be ready for a little bit of wet and cold!

Description: A second of hopefully many night hikes! The Goldstream Trestle is a Classic hike just on the outskirts of Langford. The Gold Mine Trail Head has some parking on the side South Side of the Trans Canada Hwy (Malahat) and is the shortest access to the Trestle and beyond. We will start at the Trail Head, hike our way up some good elevation gain and along the ridge to the trestle, with some nice view points along the way. We will then decide if we want to push a bit further or call it a night. Come join us! Night hiking is for some more experienced hikers and maybe not the best if its your first-ever hike. That said, it still may be



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a fit for you! If you have any questions or are unsure, contact us! **There may be an option to stop for drinks/lunch on the way back if people are interested.**

Location

Gold Mine Trail Head, Goldstream Park, TransCanada Hwy, Langford BC
<https://maps.app.goo.gl/Qzea3SxhG2VAs9RcA> . *Transportation is available, see below.*

What to bring

We will be travelling into the backcountry and our main concerns at this time of year is exposure and darkness for night hikes! It is essential that participants bring all the below items in order to ensure a safe and positive experience.

Feel like you might have too much? We can always re-assess when we get to the parking lot and leave some items in the car. Better to have and not need than need and not have.

We do have some items available to rent. Please contact us if you are missing something.

Required Items

- Whistle
- 25L + Hiking backpack (padded hip straps highly recommended)
- Hiking boots/trail runners (only bring trail runners if you are experienced at hiking with them)
- 2 pairs of wool socks
- Rain jacket
- Rain pants
- 2L of water
- Lunch, we could decide to adventure a bit further.
- Extra snacks
- Emergency food
- Fleece or wool sweater
- Down, puffy jacket
- Long wool underwear
- Gloves
- Toque
- Synthetic or wool t-shirt
- Synthetic hiking pants/shorts
- Change of clothes to leave in the vehicle, its always nice to come back and have something to change into!



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- Large, sturdy garbage bag to waterproof backpack, backpack rain cover or 20L dry bag
- **Headlamp or flashlight with extra batteries – It will likely be getting dark near the end of our hike**
- Hand sanitizer
- Any applicable medications

Optional Items

- Pen/Pencil
- Notebook
- Compass & Map
- Hiking poles
- Sunglasses
- Sunscreen
- Hat
- Insulated pants
- Bear spray
- Fire starter
- Matches
- Knife
- Watch with timer
- Extra emergency layers
- Stove
- Pots
- Camping fuel

Do not bring: Nuts, peanuts or cotton. Cotton does not insulate when wet and is a significant hazard on backcountry trips.

Trip Notes:

- This trip is open to everyone ages 19-40 and it is expected you are physically able to hike and will treat everyone in the group with respect.
- The cost is to help cover the cost of insurance and encourage people who RSVP to show up. We get that things change last minute, just let us know you aren't coming so we aren't waiting around! No shows will be charged a \$25 fee.



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- We plan to go regardless of the weather.
- Exact end time will depend on group and if we stop for appies/drinks.
- As part of the insurance requirements for our trip leaders, we are required to have participants complete waivers. You can view our waivers at www.westernadventures.ca/agreements.htm
- Sign-Up for the hike here: <https://westernadventures.campbrainregistration.com/>