



Western Educational Adventures Inc.
(250) 888-1622
www.westernadventures.ca

Summer 6-Day Overnight Program

Camp Jubilee, Shirley BC

Please contact us if you have any questions

Program Details v2.1 Oct 22nd, 2023

The program: Our camp operates out of Camp Jubilee in Shirley. Drop-off starts at 15:15 on Sunday to 15:15 on Friday in the main parking lot, totalling 6-days. Any changes will be communicated via email only as per our terms and conditions. All food is included so please don't pack any food. We recommend you purchase evacuation and trip interruption/cancellation insurance for this program. While our programs are very low incidence, unexpected evacuation fees or illness can happen.

Your child will be staying in rustic buildings or canvas tents during their time at camp. During the out-trip, youth will be sleeping outside under a tarp or open air (weather permitting). Your youth will also be helping to cook, clean and contribute to the camp community. Showers and flush toilets may or may not be accessible during this program.

Gear & What to bring: Proper gear is essential for your child's experience but more importantly, their safety. As such, WEA offers select items of gear for rent. Rentals must be arranged before the first day of camp, gear rented on or after the first day of camp is double the cost of a normal gear rental. If WEA does not have the gear available to rent and you are not able to purchase it in time, your child may not be able to attend parts or all of camp.

Swimming Policy: As we swim in wilderness locations, we require all youth under the age of 9 to wear a lifejacket while swimming. Children over the age of 9 must have a swimming ability of level 5 or higher. We want to keep your kids safe and having fun!

PLEASE DO NOT SEND ANY MEDICATIONS, SUPPLIMENTS, ETC WITHOUT INFORMING US FIRST.

Transportation Add-On: May be available upon request, please [Contact Us](#) for more information.

Camp Jubilee, 9548 West Coast Rd, Sooke, BC



Access to the site is via a service road on the right hand side before you cross Kirby Creek going towards Shirley



Overnight Camp

A Typical Day

At-Camp

08:00 Campers wake up and do a morning run and swim or other morning routine

08:30 Breakfast

09:00 Breakfast & cabin clean-up

10:00 Activity Block 1

12:30 Lunch

13:30 Quiet time

14:30 Activity Block 2

17:00 Free time

18:00 Dinner

19:30 Night activity, usually includes a daily debrief to reflect on the day.

21:00 Bedtime

On-Trip

06:30 wake-up & pack-up camp

08:00 Breakfast & morning meeting to go over the route, weather, etc.

08:45 Clean-up, finish packing.

09:15 Hit the trail or water, stopping for snack and water breaks as needed.

12:45 Lunch

13:30 Hit the trail or the water, stopping for snacks and water breaks as needed.

16:30 Arrive at campsite and start setting up. Campers on cooking duty start helping with dinner.

18:00 Dinner

18:45 Dishes and organize campsite

19:30 Group debrief and plan for tomorrow, time around Campfire.

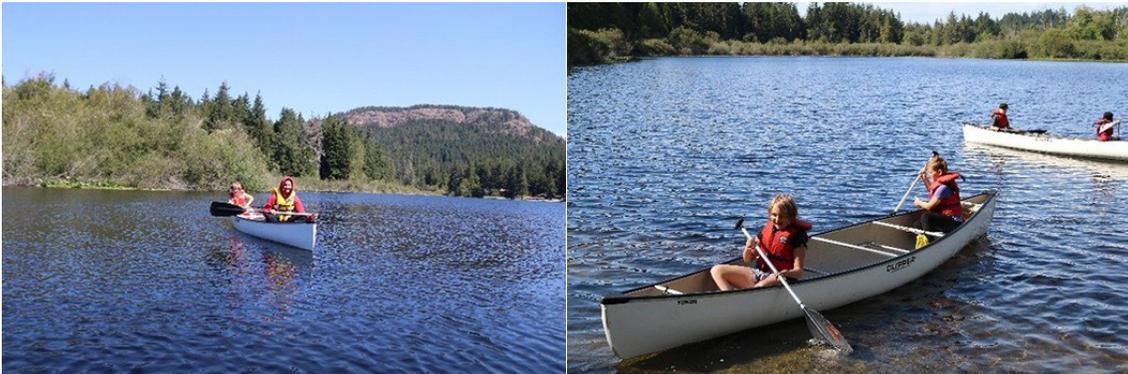
20:30 Bedtime

At Camp Activities

Overnight Camp is designed for kids looking for something more than a just a day camp. Like our Adventure X Day Camp, this program is participant driven, meaning the campers choose the activities the group does for the week. As such, exact activities vary each week depending on weather, fire restrictions, group dynamics, camper input and logistics. We ask that parents sign up only if multiple activities interest their child.

Campers can participate in so many activities during overnight camps. Activities include but are not limited to cooking, baking, night activities, sleeping in cabins, survival skills, campfires, swimming, shelter-building, smores, ice cream, full-day canoeing, extended hiking, nature exploration, plant ID, navigation skills, geocaching, orienteering, fishing, forest ecology games, trip preparation, archery, beach exploration days, rainforest exploration days, other games & more. Below is a list of some of some common activities that campers can choose from during our 6 & 13-day overnight camps:

Canoeing in a large, little-known lake. Campers learn how to carry canoes as a team, safely enter, exit and launch canoes on a beach or dock, etc. We explore the lake and play fun on-water games.



Archery with professional archery equipment.



Overnight Camp

Cooking & Baking is, believe it or not, one of the camper's favourite activity every year! Campers get to help cook most meals at camp and on trip. Using whole ingredients, our meals are mostly made from scratch. The kids aren't just learning to heat up a pizza pocket. Instead, they are learning how to make things like lemon meringue pie, burgers, salad dressings, etc. all from scratch!



Swimming in natural settings like the ocean, lakes, rivers and wilderness locations.



Fishing. Fishing in the lake or another nearby natural water feature where campers learn the basics of cast fishing. They learn how to cast safely, set-up tackle, bait hooks and fish with lures.





Overnight Camp

Rainforest, marine & beach exploration in wilderness areas. Children learn about and see rainforest trees, fossils, geology, sea life, a fern grotto swimming whole with a waterfall, a sandstone creek and more.



Wilderness Day Hikes & Exploration to a wilderness peaks and lake. It is unlikely we will see any other people in the park the entire day. Campers are challenged hiking up to one of Greater Victoria's most spectacular peaks. From the top, they can see Vancouver Island, the Lower Mainland, Mt. Baker, the ocean, the Olympic Mountains & more. For many this is a life changing experience where campers travel further and see more things than they ever thought possible.





Overnight Camp

Survival Skills. Campers have the option to learn various survival skills including fire-building, shelter-building, foraging & plant ID, Firestarter making & more.



Wilderness Navigation. Campers learn compass and map skills and go into a wilderness to hone their skills. In the later part of the day, the group leads us back with WEA staff there for safety only.



Geocaching. Geocaches can be a fake rock, hidden in a tree, who knows what you are looking for and where! Campers learn how GPS works, about circles, distances, radii, search grids, etc.





Overnight Camp

The Forest Ecology Game, aka the Animal Game. Campers play a multi-level tag game based on the food chain. It teaches children about local ecology, ecological concerns, fitness, the food chain and more.



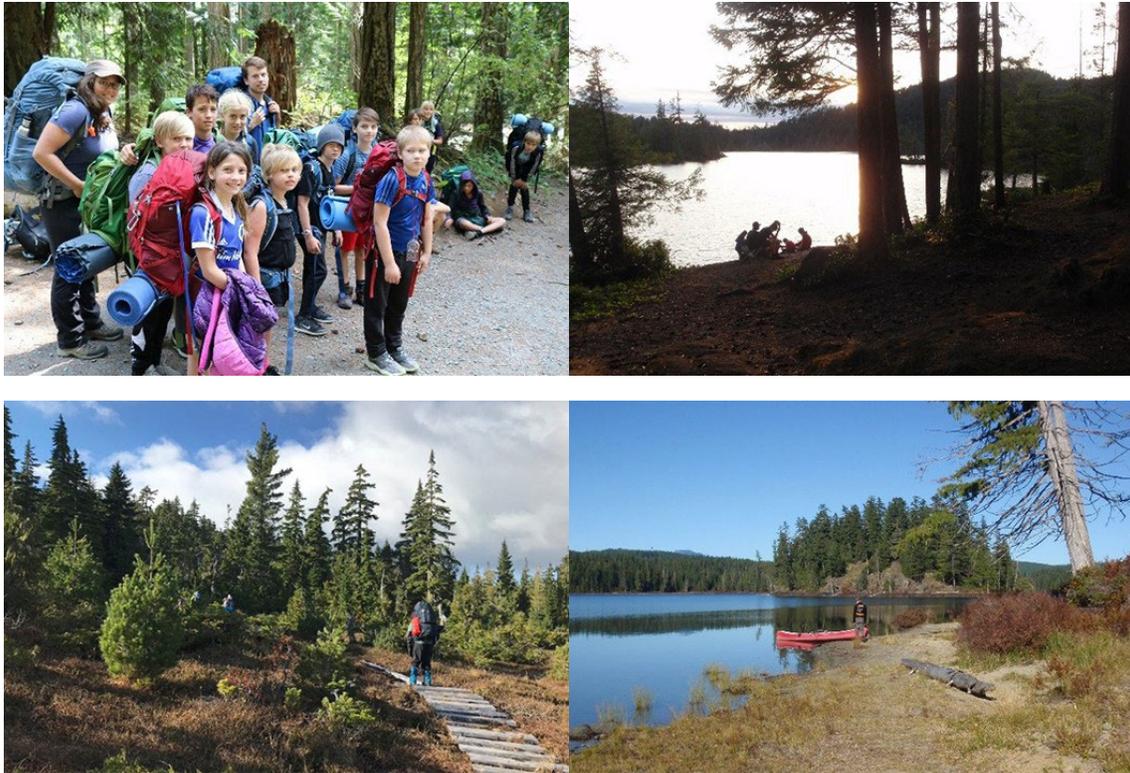


Overnight Camp

The Wilderness Camp-Out

Trip Prep Days are an essential part of our program. Campers learn the basic skills to be successful on trip as well as some more advanced ones too. Depending on the trip, some examples include how to pack and adjust a backpack, canoe-over-canoe rescues, proper paddle strokes, packing sleeping bags, waterproofing gear, food packing/planning, etc.

Types of Trips include a 2-day backpacking trip for the 6-day program and a 5-day canoeing or hiking trip to somewhere like the Juan de Fuca Trail, Kludahk Trail, Strathcona Par, Sayward Forest Canoe Circuit, etc.





Overnight Camp

13-Day Overnight Camp Participant Requirements

About the Program

Are you a returning family or new family looking for something more challenging or different than WEA's Classic Summer Day Camp or other summer camps? Our 13-Day Overnight Camp program takes outdoor adventure in Victoria BC to the next level. Children come to come and participate in a variety of activities at camp and a 5-day canoe or backpacking trip elsewhere on the Island. Each session campers get to choose what activities they do from a list of extra-adventure activities. Options typically include things like wilderness navigation, fishing, full day lake canoeing, paddle boarding, kayaking, outdoor cooking, marine exploration, advanced archery, joining in on a day of Classic Camp and more. This program is intended for kids with lots of energy who are physically fit and able to push themselves (within reason).

Physical Fitness

Physical fitness is key for WEA's 13-Day Overnight Camp program. If your child is not very active, this

program will not be a good fit. Our 6-Day Overnight Camp, Classic Day Camp or Wild Paws Day Camp are great programs for almost all children and a good introduction to fitness and the outdoors.

Please note this program is not a good fit for families hoping to get their children more active. It is for kids who are already extremely active.

In order for your child and the other children in our 13-Day Overnight Camp to have a good experience, your child should be able to:

- Be physically active for at least 7 hours a week doing moderate to intense physical activities like soccer, hockey, running, track, swimming, hiking, biking, etc.
- Run at least 1km or hike more than 12km in a day with at least 400m elevation gain.
- Hike Mount Finlayson in under 45 min with a 10lb backpack.

For safety reasons, children not meeting these criteria should not be registered for 13-Day Overnight Camp. Children who do not meet these criteria and are registered anyway may have to miss certain days of the program without refund.

A Note on Gear

As we operate our programs 100% outside and often in wilderness environments, it is essential that all families pack all items on our packing list. Failing to do so may compromise your child's safety and experience. In addition to the other items on our packing list, your child must have hiking boots (or possibly runners) and a proper backpack like the Osprey ACE series. We do have these backpacks available for rent.



Packing list: 6 Day Overnight

What you should pack:

****We recommend these items are packed in one duffle bag****

If you do not have any of these items on this list, please contact us and we may be able to lend or rent the items. If your child shows up with improper equipment and you have not made prior arrangements with us, you may need to pickup your child or pay an increased rental fee.

Item	Quantity	Helpful information
Rain cover	1	A fully waterproof, seam-sealed rain cover that covers the entire backpack. In addition, consider bringing a pack liner or ultralight dry sack.
Backpack	1	A proper hiking backpack that has a rigid internal frame, padded hip-straps, rated to carry at least 30 lbs and has a 35L – 55L capacity (for small children under 9) or a 50 - 80L capacity for children 9 and above. Please ensure this backpack fits before the program begins.
Hiking boots	1 pair	Not required but highly recommended. Need to be above the ankle bone, also known as high-top hiking boots. If you are buying hiking boots for this program, please make sure to wear them hiking for a few days before the program as they will need to be broken in.
Sleeping bag	1	Down or synthetic sleeping bags are best but other options will work. The bag must be rated to at least -5 C, the ideal range is -5 C to -12 C. Needs to be compact.
Sleeping pad	1	If inflatable, please check that your mat has no leaks before packing it. Participants can also use foam camping mats. Needs to be compact.
Sleeping pad stuff sack	1	All inflatable sleeping pads must be stored in stuff sacks and cannot be loose. This makes them easier to pack and protects them from being punctured.
Pillow	1	Any old pillow will do but a camp pillow would be nice for the campout.
Water bottle	1	A 1L hard water bottle such as a Nalgene is essential.
Hydration system (optional)	1	Hydration systems are nice to have but a water bottle is more than adequate.



Packing list: 6 Day Overnight

Headlamp	1	Flashlights are ok in a pinch but we highly recommend a water-resistant headlamp.
Extra batteries for headlamp	1 set	1 complete set of extra batteries for the headlamp. We recommend using energizer lithium batteries as they last far longer, work better in colder temperatures and have significantly less mass. We also recommend storing them in a small waterproof drybag or Ziploc.
Camera (optional)	1	It is recommended to have an extra battery.
Waterproof camera case (optional)	1	We recommend a Pelican case.
Watch	1	Waterproof recommended
Camping bowl	1	
Camping spoon	1	
Camping fork	1	
Camping knife	1	
Camping plate	1	
Camping cup	1	
Mesh bag	1	To fit all camping dishes
Water purification tablets	1	Enough to treat 50L.

****Please contact us if you have any questions! ****

****We highly recommend that all gear is tested before the program begins. ****

1. Trip Clothing ****Absolutely no cotton****

Item	Quantity	Helpful information
Rain jacket	1	We highly recommend a waterproof breathable GORE-TEX type rain jacket (also known as a hard shell). Other fully waterproof rain jackets will work. No ponchos please.
Rain pants	1 pair	We highly recommend a waterproof breathable GORE-TEX type rain pant (also known as a hard shell). Other fully waterproof rain pants will also work.
Hat	1	A full brim sunhat.
Sunglasses	1	Properly fitting sunglasses that fully cover the participant's eyes.
Running shoes	1 pair	

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If you do not have any or all the items on this list, Western Educational Adventures can provide this equipment either for rent or for purchase at a competitive price.



Packing list: 6 Day Overnight

Water Shoes	1 pair	Sandals, Crocks, etc.
Long underwear	1	A pair of wool or fleece long underwear.
Shorts	2	2 pairs of quick drying shorts. Nylon recommended
Swimsuit	1	
Long pants	1 pair	Quick drying, nylon pants recommended.
Underwear	2 pairs	Synthetic (boxer briefs for males) is best as it reduces chaffing.
Socks	2 pairs	Wool hiking socks.
Insulating tops	2	Fleece, wool or puffy jackets.
T-shirt long	1	Wool or synthetic recommended but cotton will do
T-shirt short	1	
Long sleeve sun shirt	1	BARE, Body Glove brand or similar.
Warm Jacket	1	
Warm hat	1	A fleece hat, toque, etc
Fleece gloves	1 pair	Polar fleece gloves, wool ones work too

2. In-Camp Clothing ****Cotton is cool!****

Item	Quantity	Helpful information
Shorts	3	
Swimsuit	1	
Long pants	2 pair	Sweatpants or jeans
Underwear	5 pairs	
Socks	5 pairs	
Insulating tops	2	Hoody, fleece, wool or puffy jackets.
T-shirt long	1	
T-shirt short	3	

3. Toiletries and medications

Toiletry Bag	1	Anything will do.
Toothbrush	1	
Toothpaste	1	
Soap	1	
Hand Soap	1	200ml or more bottle

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Packing list: 6 Day Overnight

Hand Sanitizer	2	100ml bottles
Shampoo	1	
Towel	2	
Sunscreen	1	Must be waterproof
Bug spray (optional)	1	
Feminine products	n/a	
Personal medications	2X	If there are certain medications the participant is required to take, please pack enough for twice the length of the program.
Toilet Paper	1 roll	In a Ziploc

Please contact us if you have any questions!

4. Other Information

Please do not bring:

- Nuts
- Money
- Tobacco, alcohol, etc.
- Expensive/luxury clothing
- Jewelry and other valuables including electronics (watch and camera are ok). Absolutely no cell phones.
- Cotton

A note on cotton

Cotton is not ideal for any backcountry environment. When cotton absorbs moisture, it gets heavy and no longer insulates, instead it actually draws heat away from the body. Other fibers such as wool and synthetics don't get as heavy and still have some insulating ability when wet. We don't have the ability to dry clothing in the backcountry. It can become a safety hazard.

No cotton or garments containing a percentage of cotton is allowed on this trip.



Packing list: 6 Day Overnight

5. Where to shop

We recommend Valhalla Pure Downtown. If you can't find what you are looking for there, we suggest Robinson's Outdoor Store. MEC can be a good value option but be wary, their return policy and quality isn't what it used to be. They were recently sold to a private American company and have changed how they do things.

Do not buy gear from Amazon unless you have checked with WEA about the particular items in question.

We recommend buying gear from the following stores as they make great gear and provide discounts:

1. [Grove Outdoors](#) in downtown Victoria offers great used gear for sale on consignment. I would check here first!
2. [Robinson's Outdoor Store](#) in downtown Victoria. Families who bring in their WEA receipt to Robinson's will receive **10% off** their purchases.
3. [All Out Kids Online](#). All Out Kids is an online store based in Alberta. It only sells outdoor adventure clothing for kids, we highly recommend ordering from them. WEA families can save 10% at All Out Kids by using the **discount code: "western10"**.
4. [Valhalla Pure](#) used to do this for us as well and likely still will. We just haven't heard from them in a while.
5. [Mountain Warehouse](#) would like to show our support by offering a **10% discount to be used online only. Use this code at the promo code box by the checkout: "CUST10"**.
6. [Best Coast Outfitters](#) in downtown Victoria. They primarily sell paddling and watersports equipment. Use the **discount code: "WEA5PERCENT" for 5% off** of anything but boats and paddleboards.
7. [TK Clothing](#) is a local merino wool brand made in North Saanich! Get **10% off** with discount code: "WEA_GOEXPLORE"



Packing list: 6 Day Overnight

We recommend these 3 stores because we trust they will sell your child the right gear where other stores may not. It's also always good to buy local! Please note, this deal is only for your kids attending programs and no one else. **Please do not disclose this deal to anyone else.**

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Spring & Summer Add-Ons - Overnight Programs

Sooke BC

Please contact us if you have any questions

Gear Rental Add-Ons

Overview: It is essential for safety and participant enjoyment that participants show up with the correct gear. We understand that certain items can be very expensive, therefore we offer some of these key items for rent. If you need additional gear that is not on the packing list, please contact us. We may be able to sell it to you or point you to a local business that can assist you. We recommend Valhalla Pure or Robinson's Outdoor Store, both located in downtown Victoria. **Please note, if a participant shows up without the gear listed on the packing list, the gear rental fee may be increased by up to 100% for each item, if we still have stock to provide.**

****Prices do not include taxes****

6-Day Program

Item	Length of Use	Price	Price after camp starts
Backpack	1 night	\$60	\$120
Sleeping Bag	1 night	\$30	\$60
Sleeping Bag	Entire program	\$140	\$280
Sleeping Pad	1 night	\$20	\$40
Sleeping Pad	Entire program	\$45	\$120

13-Day Program

Item	Length of Use	Price	Price after camp starts
Backpack	4 night	\$120	\$240
Sleeping Bag	4 night	\$100	\$200
Sleeping Bag	Entire program	\$200	\$300
Sleeping Pad	4 night	\$30	\$120
Sleeping Pad	Entire program	\$45	\$120

Transportation Add-Ons (6 & 13-Day Programs)

Overview: Most families pick-up & drop-off directly at camp, we do offer transportation for those who cannot. **If you would like transportation, you must contact us in advance to arrange it. Transportation may or may not be available.**

Fees: Hyacinth & YMCA \$40 + GST each way, Ferries \$60 + GST each way. Airport pricing TBD.

Pick-Up & Drop-Off Locations: Pick-up locations are Hyacinth Park (on Marigold Rd. near Spectrum in Saanich), Westshore Pkwy @ Constellation Ave. (near Goldstream in Langford), Victoria Airport, Swartz Bay Ferry Terminal. Please allow a 15-minute grace period for traffic, etc. **Please note, due to the multiple stops the bus/van will not be waiting past the scheduled departure time.**

	DROP-OFF (Leaves at)	PICK-UP (Arrives at)	Details
Swartz Bay	12:45	18:30	WEA will leave camper at the terminal.
Victoria Airport	TBD	TBD	Time will depend on flight.
Hyacinth Park	14:00	17:40	Marigold Rd @ Interurban Rd.
West Hills	14:20	17:20	Westshore Pkwy @ Constellation Ave.

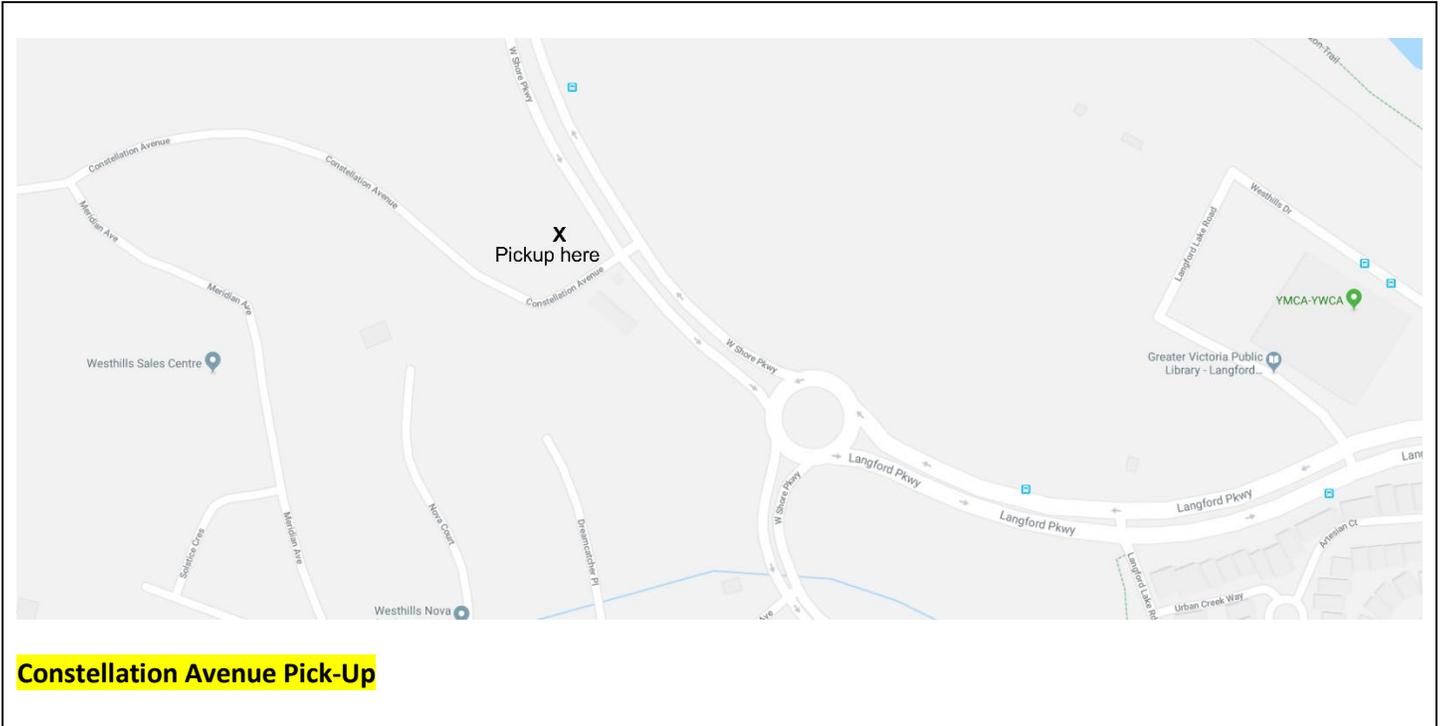


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Spring & Summer Add-Ons - Overnight Programs

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Sample Meal Plan

GF available per allergy request

Day 1:

Dinner: Beef Tacos with local corn tortillas, cheddar cheese, mango salsa, and chipotle aioli
Dessert: Fruit salad with pineapple, apple, blueberries, strawberries, and dried coconut. Mixed with coconut milk, maple syrup, and cinnamon.
Snack: Fresh baked chocolate chip cookies

Day 2:

Breakfast: Blueberry pancakes with maple syrup and/or whip cream.
Lunch: Grilled cheese with a twist. The classic cheddar cheese and bread with the twist of lettuce, tomato, cucumber, carrots, and pumpkin seeds.
Dinner: Chicken thighs and drumsticks with basmati rice, corn, broccoli, and carrots.
Dessert: Marble Slab Ice Cream
Snack: Cheddar cheese with stone wheat crackers and apples

Day 3:

Breakfast: Breakfast sandwiches with a base of English muffins, including eggs, bacon, cheddar cheese, avocado, and condiments.
Lunch: Thins or bread with cucumber, lettuce, avocado, cheddar cheese, dill pickles, and sandwich meat.
Dinner: Spaghetti with a meat and tomato sauce. With ground beef, broccoli, mushrooms, carrots, and onions.
Dessert: Hot chocolate with marshmallows
Snack: Jerky or granola bars, Made Good bars, or fruit bars.

Day 4:

Breakfast: Oatmeal with raisins, apples, dried coconut flakes, and chocolate chips. Made with condensed milk and cinnamon.
Lunch: Macaroni with cheddar cheese sauce with crispy bacon.
Dinner: Cheese and potato or potato and onion perogies accompanied by coleslaw, onions, and bacon.
Dessert: Freshly made rich crispy squares
Snack: Taco chips with salsa and guacamole

Day 5:

Breakfast: Eggo waffles with blueberries, maple syrup and whip cream. Bacon on the side.
Lunch: Sandwiches with your choice of cucumber, lettuce, tomato, cheddar cheese, pickles, meat, avocado, and condiments.
Dinner: Beef burgers with all the fixings, i.e., pickles, avocado, lettuce, cheese, onions, and condiments. Local corn on the cob on the side.
Dessert: Lemon meringue pie
Snack: Chocolate chip cookies

Sample Meal Plan

GF available per allergy request

Day 6:

Breakfast: Bacon and eggs, toast, or cheerios.

Lunch: Smokies with buns, with self-added condiments such as ketchup and relish

We believe that a good experience starts with good nutrition. Proper diet and eating habits are lacking in today's society - a result of readily available fast foods, processed foods and a lack of nutritional education. We strive to provide quality, simple, wholesome meals with limited processed ingredients – in addition to the occasional smores and limited other tasty treats. This is part of why we include our participants in all meal planning, purchasing and cooking. We buy local whenever possible, and avoid unnecessary chemical additives.

We are also very experienced in dealing with dietary restrictions and serious food allergies. Great care is taken to avoid serious participant food allergens whenever possible. Where this is not possible, we take great care to avoid cross contamination of ingredients.