



Western Educational Adventures Inc.
 (250) 888-1622
www.westernadventures.ca

Pro-D Day Survival Skills & Wilderness Navigation Programs

Various Locations, Sooke BC

Please contact us if you have any questions

Program Details – Version 2.0 April 5, 2024

The program: Officially in the Sooke and Shirly BC areas. Our staff may be able to provide supervision from 08:30 - 17:00 (at no extra charge) for those of you that are working. Please contact us via email at least one week before program commencement to enquire. Pick-up and drop-off is in the main parking lot just past the lake. Any changes will be communicated via email.

What to bring: Backpack, at least a 1L Water bottle, lunch, extra snacks, waterproof sunscreen, hand sanitizer, wide brimmed sun hat (May to Sept only, regular hat other times), long sleeve sun shirt (May to Sept only), rain jacket, rain pants (optional), fleece or wool sweater, t-shirt, shorts, long pants, running shoes, hiking boots (optional but highly recommended), water shoes (optional), rainboots, swimsuit, towel, black garbage bag (hike day only) and a full change of clothes.

Sun shirt: <https://www.mec.ca/en/product/5054-596/Shadow-Long-Sleeve-Sun-Shirt>

Sun hat: <https://www.outdoorresearch.com/ca/helios-sun-hat-243458?cat=62,14,4>

Additional what to bring Nov-March: Please bring fleece gloves, ski gloves, toque & warm winter jacket. If snowy, please bring snow pants and snow boots.

Please Consider:

- **The program will run rain or shine so please avoid cotton as much as possible!**
- **Please do not pack any nuts or peanuts with your child.**
- **All equipment on the packing list must be sent with your child every day. A \$50 fee may be charged to families each day they are missing items on the list. Improper equipment in the wilderness is a serious issue.**
- **Any changes will be communicated via email.**
- **No electronics other than cameras and watches.**

Transportation Add-On: Pick-up locations are at Hyacinth Park (on Marigold Rd. near Spectrum), and Westshore Pkwy @ Constellation Ave. (near Goldstream in Langford). Please allow a 15-minute grace period for traffic, etc.

Please note, due to the multiple stops the bus/van will not be waiting past the scheduled departure time.

	AM	PM	Details
Hyacinth Park (Saanich)	08:15	17:10	Marigold Rd @ Interurban Rd.
West Hills (Langford)	08:35	16:55	Westshore Pkwy @ Constellation Ave.
Fred Milne Park (Sooke)	09:05	16:25	Hwy 14 & Sooke River Rd.

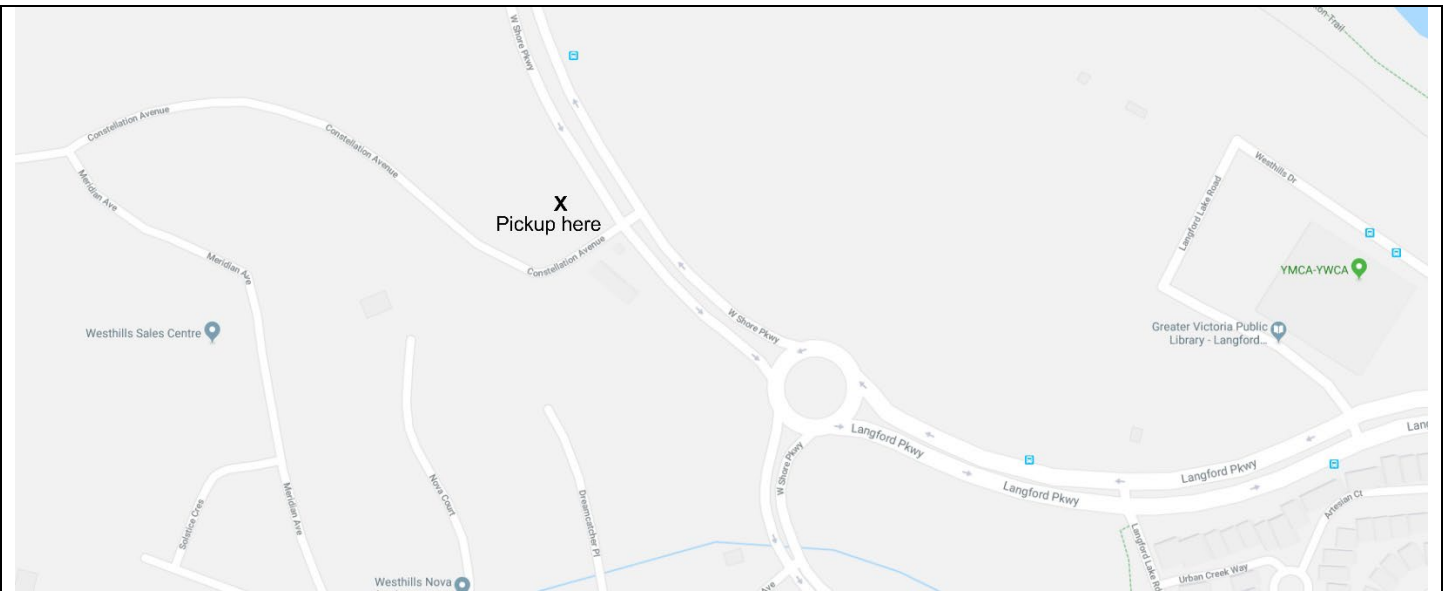


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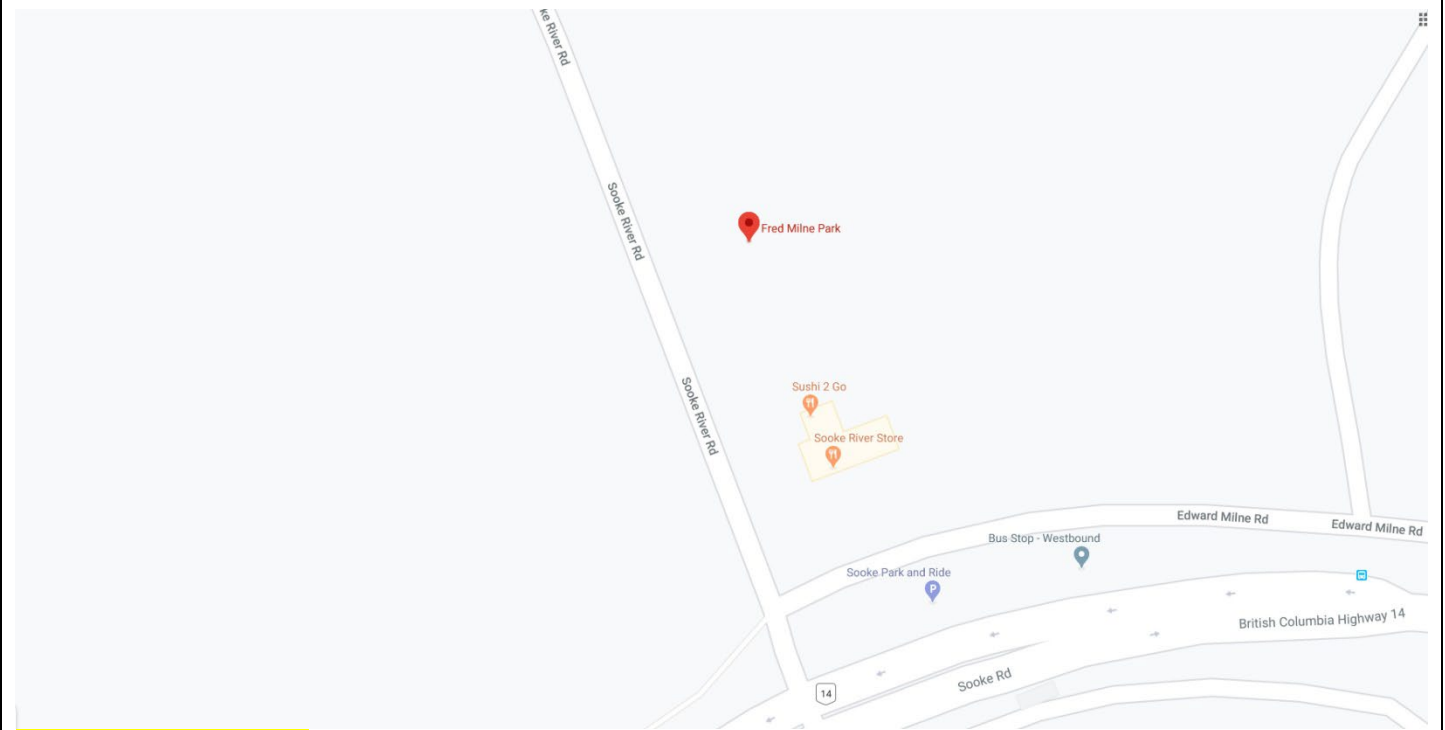
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Constellation Avenue Pick-Up



Fred Milne Park Pick-Up