Adventure X Day Camp

Sample Day Camp Schedule

Led by our company owner or WEA's most experienced staff, Adventure X is designed for athletic children looking for a challenge. This program is participant driven, meaning the campers choose the activities the group does for the week. As such, exact activities vary each week depending on weather, fire restrictions, group dynamics, camper input and logistics. We ask that parents sign up only if multiple activities interest their child.

Below is a snapshot of one of our Adventure X Day Camp weeks last summer. Typical weekly activities include fire-building, swimming, shelter-building, smores, ice cream, full-day canoeing, extended hiking, nature exploration, navigation skills, orienteering, fishing, forest ecology games, archery, beach exploration days, rainforest exploration days & other games.

Monday

AM Extended Canoeing with lunch on the water in a large, little-known lake. Campers learn to load & unload a canoe trailer, tie boats down, carry canoes as a team, safely enter, exit and launch canoes on a beach, etc.

PM A swim in the lake followed by a planning session for the rest of the week. Campers are given all the potential activity options and the schedule of our other camps. As a group they decide what activities they want to do when and whether they wish to do combined activities with our other camps.

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Tuesday

AM Rainforest and beach exploration at a wilderness location. Children learn about and see rainforest trees, fossils, geology, sea life, a fern grotto swimming whole with a waterfall, a sandstone creek and more.

PM Archery with professional archery equipment.

Wednesday

All Day Wilderness Navigation. Campers learn compass and map skills and go into a wilderness to hone their skills. In the later part of the day, the group leads us back with WEA staff there for safety only.

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Thursday

AM Animal Game. Campers play a multi-level tag game based on the food chain. It teaches children about local ecology, ecological concerns, fitness, the food chain and more.

PM Swimming in a different natural setting.

Friday

Extended 15km Day hike to a wilderness peak and several lakes. It is unlikely we will see any other people in the park the entire day.

- The Peak. Campers are challenged hiking up to one of Greater Victoria's most spectacular peaks. From the top, they can see Vancouver Island, the Lower Mainland, Mt. Baker, the ocean, the Olympic Mountains & more. For many this is a life changing experience where campers travel further and see more things then they ever thought possible.

- Swimming. Along the way we pass by several lakes with the opportunity to swim.

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Another popular activity that didn't happen during this sample week

AM Fishing. We travel to a local, natural water feature where campers learn the basics of cast fishing. They learn how to cast safely, set-up tackle, bait hooks and fish with lures.

PM Fire Starters. Campers learn to make fire starters from scratch that really work. It involves hot wax and they take their finished work home.

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Adventure X Participant Requirements

About the Program

Are you a returning family or new family looking for something more challenging or different than WEA's Classic Summer Day Camp or other summer camps? Our Adventure X Day Camp program takes outdoor adventure in Victoria BC to the next level. Each week children get to choose what activities they do from a list of extra-adventure activities. Options typically include things like wilderness navigation, fishing, full day lake canoeing, paddle boarding, kayaking, outdoor cooking, marine exploration, advanced archery, joining in on a day of Classic Camp and more. Like our Classic Day Camp program, Fridays are a fun-filled day hike to a distant, awe-inspiring location. This program is intended for kids with lots of energy who are physically fit and able to push themselves (within reason).

Physical Fitness

Physical fitness is key for WEA's Adventure X program. If your child is not very active, this program will not be a good fit. Our Classic Camp is a great camp for almost all children and a good introduction to fitness and the outdoors.

Please note this program is not a good fit for families hoping to get their children more active. It is for kids who are already extremely active.

In order for your child and the other children in Adventure X to have a good experience, your child should be able to:

- Be physically active for at least 7 hours a week doing moderate to intense physical activities like soccer, hockey, running, track, swimming, hiking, biking, etc.
- Run at least 1km or hike more than 12km in a day with at least 400m elevation gain.
- Hike Mount Finlayson in under 45 min with a 10lb backpack.

For safety reasons, children not meeting these criteria should not be registered for Adventure X. Children who do not meet these criteria and are registered anyway may have to miss certain days of the program without refund.

A Note On Gear

As we operate our programs 100% outside and often in wilderness environments, it is essential that all families pack all items on our packing list. Failing to do so may compromise your child's safety and experience. In addition to the other items on our packing list, your child must have hiking boots (or possibly runners) and a proper backpack like the Osprey ACE series. We do have these backpacks available for rent.

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