

Sample Day Camp Schedule

Below is a snapshot of one of our Classic Day Camp weeks last summer. Exact activities vary each week depending on weather, fire restrictions, group dynamics, camper input and logistics. We ask that parents sign up only if multiple activities interest their child.

Typical weekly activities include fire-building, swimming, shelter-building, smores, ice cream, canoeing, hiking, nature exploration, forest ecology games, archery, beach exploration days, rainforest exploration days & other games.

Monday

AM Fire-building & Smores. We travel to a remote wilderness area and build fires using natural materials. Campers learn about proper fire and knife safety.

PM Swimming in natural setting.



Tuesday

AM Lake Canoeing. Campers learn to carry canoes as a team, load them in and out of the water, tie knots, safely enter and exit the canoes, etc.

PM Archery with professional archery equipment.



Wednesday

AM Animal Game. Campers play a multi-level tag game based on the food chain. It teaches children about local ecology, ecological concerns, fitness, the food chain and more.

PM Swimming in a different natural setting.



Thursday

AM Geocaching. Campers learn how GPS works, about circles, distances, radii, search grids, etc.

PM Rainforest and beach exploration at a wilderness location. Children learn about and see rainforest trees, fossils, geology, sea life and more.



Friday

Day hike to a wilderness area with a lake and a peak with some solo time.

- **The Peak.** Campers are challenged hiking up to a spectacular viewpoint in the mountains. From the top, they can see Vancouver Island, the ocean, and the Olympic Mountains. For many this is a life changing experience where campers learn about fitness and how capable they actually are. Some also learn about how to handle adversity.
- **Solo Time.** Next stop is down to a wilderness lake for solo time. Here the group is given their own spot in the immediate area where they can hear but not see each other. They contemplate their experience and learn to be alone with their thoughts.
- **Debrief.** The group gets together and discusses their solo experience and talks about their experience for the whole camp. They learn the value of reflection as well as share something they liked, didn't like and learned this week while at camp.
- **Swimming.** Before heading down the mountain, the kids get to go swimming in the wilderness lake. Seldom are any other people around.

