

Classic & Adventure X Outdoor Day Programs

Greater Victoria & Sooke BC
Please contact us if you have any questions

Program Details v4.4 Apr 5, 2024

The program: Runs in various locations in the Greater Victoria Area. Any changes will be communicated via email. As we are in a wilderness environment, our program is affected by weather. As such, we do not provide a daily schedule of activities. Please be sure to pack everything on the list every day. When picking up your child at the end of the day, you will be asked to show photo ID.

The optional overnight includes extra activities like a campfire, outdoor cooking and more! Dinner, breakfast, and lunch is also provided for the overnight.

The Hike: **PLEASE READ** We typically do a day hike at Peden Lake on Fridays, we may change this day due to weather, although we typically hike rain or shine. Please ensure your child has eaten a full breakfast on hike day! This day hike will delay ALL end of day bus arrivals by 1.5 hours. On Fridays, The Fred Milne Park PM Pickup is located at Daniel's Market (5529 Sooke Rd, Sooke, BC V9Z 0C7). The AM drop-off is still located at Fred Milne Park. All equipment on the packing list must be sent with your child on Fridays. A \$50 fee will be charged to any families that do not pack all required items as this is a major safety issue.

Please note that our hike takes place in a wilderness environment. As such, it is imperative to your child's safety and wellbeing that you have packed your child with all the listed equipment. We will ensure any extra weight/equipment is left on the bus. Better to have more than less. Furthermore, the end of day Friday may be delayed longer than stated. If any delays are expected, you will be contacted via email by 16:25 on the Friday with the updated arrival times. Please contact us if you have any questions.

Swimming Policy: As we swim in wilderness locations, we require all youth under the age of 9 to wear a lifejacket while swimming. Children over the age of 9 must have a swimming ability of level 5 or higher. We want to keep your kids safe and having fun! Lifejacket rentals are available for the week.

What to bring: Backpack, Backpack with hip straps (Adventure X Program only), at least 2 1L water bottles, lunch, extra snacks, waterproof sunscreen, hand sanitizer, wide brimmed sun hat (summer only, regular hat other times), long sleeve sun shirt (summer only), rain jacket, rain pants (optional), fleece or wool sweater, t-shirt, shorts, long pants, running shoes, hiking boots (optional but highly recommended), water shoes and/or rainboots (recommended for creek and lake days), swimsuit, PFD/lifejacket (as per swim policy above-rentals available), towel, black garbage bag (hike day only) and a full change of clothes. The program will run rain or shine so please avoid cotton as much as possible! Please do not pack any nuts, peanuts or electronics other than a camera or watch with your child. \$50 fees will be charged on a daily basis for families missing gear

Sun shirt: https://www.mec.ca/en/product/5054-596/Shadow-Long-Sleeve-Sun-Shirt Sun hat: https://www.mec.ca/en/product/5054-596/Shadow-Long-Sleeve-Sun-Shirt Sun hat: https://www.mec.ca/en/product/5054-596/Shadow-Long-Sleeve-Sun-Shirt Sun hat: https://www.outdoorresearch.com/ca/helios-sun-hat-243458?cat=62,14,4

Additional for optional overnight: Headlamp/flashlight, sleeping bag, sleeping pad, pillow, toothbrush, toothpaste, medications, warm sweater, sleeping clothes, bowl or plate, fork, spoon, cup and clothes for the next day. **Rental fees will be charged to families missing gear on the overnight.**

Pick-Up & Drop-Off Locations: Pick-up locations are at Hyacinth Park (on Marigold Rd. near Spectrum), Westshore Pkwy @ Constellation Ave. (near Goldstream in Langford) and Fred Milne Park (Hwy 14 & Sooke River Rd). Please allow a 15-minute grace period for traffic, etc. Please note, due to the multiple stops the bus/van will not be waiting past the scheduled departure time.



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