



Western Educational Adventures Inc.
(250) 888-1622
www.westernadventures.ca

Victoria Mountain Bike Multi-Sport Outdoor Day Programs

Greater Victoria & Sooke BC

Please contact us if you have any questions

Program Details v1.1 Jul 30th, 2023

The program: Runs in various locations in the Greater Victoria Area. Any changes will be communicated via email. **As we are in a wilderness environment, our program is affected by weather. As such, we do not provide a daily schedule of activities. Please be sure to pack everything on the list every day. When picking up your child at the end of the day, you will be asked to show photo ID.**

The optional overnight includes extra activities like a campfire, outdoor cooking and more! Dinner, breakfast, and lunch is also provided for the overnight.

The Hike: **PLEASE READ** We typically do a trail ride to Shields Lake or a similar location on Fridays, we may change this day due to weather, although we typically ride rain or shine. Please ensure your child has eaten a full breakfast on hike day! This extended trail ride will delay **ALL** end of day bus arrivals by 1.5 hours. **All equipment on the packing list must be sent with your child on Fridays. A \$50 fee will be charged to any families that do not pack all required items as this is a major safety issue.**

Please note that our extended wilderness trail ride takes place in a wilderness environment. As such, it is imperative to your child's safety and wellbeing that you have packed your child with all the listed equipment. We will ensure any extra weight/equipment is left on the bus. Better to have more than less. Furthermore, the end of day Friday may be delayed longer than stated. If any delays are expected, you will be contacted via email by 16:25 on the Friday with the updated arrival times. Please contact us if you have any questions.

Swimming Policy: As we swim in wilderness locations, we require all youth under the age of 9 to wear a lifejacket while swimming. Children over the age of 9 must have a swimming ability of level 5 or higher. We want to keep your kids safe and having fun!

What to bring: Mountain Bike (Mon, Tues & Fri and must be previously approved by WEA), MTB helmet, MTB knee pads, backpack suitable for mountain biking with, at least 2 1L water bottles, lunch, waterproof sunscreen, hand sanitizer, wide brimmed sun hat (summer only, regular hat other times), long sleeve sun shirt (summer only), rain jacket, rain pants (optional), fleece or wool sweater, t-shirt, shorts, long pants, running shoes, hiking boots (optional but highly recommended), water shoes and/or rainboots (recommended for creek and lake days), swimsuit, towel, black garbage bag and a full change of clothes.

The program will run rain or shine so please avoid cotton as much as possible! Please do not pack any nuts, peanuts or electronics other than a camera or watch with your child. \$50 fees will be charged on a daily basis for families missing gear

Sun shirt: <https://www.mec.ca/en/product/5054-596/Shadow-Long-Sleeve-Sun-Shirt>

Sun hat: <https://www.outdoorresearch.com/ca/helios-sun-hat-243458?cat=62,14,4>

Additional for optional overnight: Headlamp/flashlight, sleeping bag, sleeping pad, pillow, toothbrush, toothpaste, medications, warm sweater, sleeping clothes, bowl or plate, fork, spoon, cup and clothes for the next day. **Rental fees will be charged to families missing gear on the overnight.**



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Pick-Up & Drop-Off Locations: Pick-up locations are at Hyacinth Park (on Marigold Rd. near Spectrum) and Westshore Pkwy @ Constellation Ave. (near Goldstream in Langford). Please allow a 15-minute grace period for traffic, etc. **Please note, due to the multiple stops the bus/van will not be waiting past the scheduled departure time.**

	AM (Leaves at)	PM (Arrives at)	Details
Hyacinth Park	08:15	16:15 (17:40 Fridays)	Marigold Rd @ Interurban Rd.
West Hills	08:35	15:50 (17:20 Fridays)	Westshore Pkwy @ Constellation Ave



Constellation Avenue Pick-Up