

## Program Details v1.6 Aug 11, 2023

**The program:** Officially runs 08:00 – 17:00 in Saanich at Camp Kingswood – 611 Linnet Lane, off of Old West Saanich Rd. **Please pick-up and drop-off at the blue gate, do not walk down into the camp.** 

**The Hike: \*\*PLEASE READ\*\*** Please ensure your child has eaten a full breakfast on hike day! Our hikes take place in a wilderness environment. As such, it is imperative to your child's safety and wellbeing that you have packed your child with all the listed equipment. The group may run late on Fridays, if this happens, we will do our best to notify you.

What to bring: Backpack (with hip straps recommended), at least 2 1L water bottles, lunch, extra snacks, waterproof sunscreen, hand sanitizer, wide brimmed sun hat, long sleeve sun shirt (summer only), rain jacket, fleece or wool sweater, t-shirt, shorts, long pants, running shoes or hiking boots, swimsuit, towel, black garbage bag (hike day only) and a change of clothes.

## **Please Note:**

- You will be required to show ID at pick-up
- Changes are communicated via email
- The schedule of activities will vary depending on weather and group interest
- All equipment on the packing list must be sent with your child every day. A \$50 fee may be charged to
  families each day they are missing items on the list. Improper equipment in the wilderness is a serious issue.
- Please do not pack any nuts, peanuts or electronics other than a camera or watch with your child.
- The program will run rain or shine so avoid cotton if at all possible.
- As we swim in wilderness locations, we require youth under the age of 9 to wear a lifejacket while swimming. Youth over the age of 9 must have a swimming ability of level 5 or higher.
- You do not need to bring a copy of the canoe waiver, it will be provided on day 1.

